



Pickens County Health Department  
60 Health Way  
Jasper, GA 30143  
(706)253-2821

Dear Parent or Guardian:

The Pickens County Health Department in conjunction with your child's school will be holding a scoliosis screening on March 14, 2019 for all 7<sup>th</sup> and 8<sup>th</sup> grade students. These screenings are provided to help identify students with signs of abnormal curvature of the spine. It is known that out of every 100 children, 2 to 3 may have scoliosis. If this condition is detected early and appropriately treated, progressive spine deformity can usually be prevented. Middle school is the ideal time to screen during adolescent growth periods.

The procedure for screening is a simple visual exam in which the screener (a trained public health and/or school nurse) looks at the child's back in the standing position and while bending forward. Boys and girls are screened separately, in two different rooms. Students in the screening rooms are separated by curtains. On the day of screening, girls are encouraged to wear a sports bra or bathing suit top under their clothes. If your child has a suspected curvature, you will be notified by the Pickens County Health Department and asked to take your child to your family physician for further evaluation.

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**If you DO NOT want your child to be screened for scoliosis, please complete the entire section below and return to your child's homeroom teacher.**

**I DO NOT WANT MY CHILD TO BE SCREENED FOR SCOLIOSIS**

\_\_\_\_\_  
Print Name of Child

\_\_\_\_\_  
Print Name of parent/guardian

\_\_\_\_\_  
Signature of parent/guardian

Date: \_\_\_\_\_

School: \_\_\_\_\_

Teacher: \_\_\_\_\_

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*Is your child currently under care/ observation for any spinal problems? \_\_\_ Yes \_\_\_ No*